



Community & Mental Health Resources

Welcome to the School District of Washington *Community & Mental Health Resource* page. If you need additional resource information, please reach out to your school counselor or the district social and service workers. Here is a list of school counselors and social and service workers in the district:

- Director of Social Emotional Learning: Rachael Wilcox, rachael.wilcox@sdownmo.org
- District Service Worker: Kathy Emmert, kathleen.emmert@sdownmo.org
- District Social Worker: Lindsey Jasper, lindsey.jasper@sdownmo.org
- Augusta Elementary: Jamie Knight, jamie.knight@sdownmo.org
- Campbellton Elementary: Stacey Binder, stacey.binder@sdownmo.org
- Clearview Elementary: Monica Moore, monica.moore@sdownmo.org
- Labadie Elementary: Cheryl Pecka, cheryl.pecka@sdownmo.org
- Marthasville Elementary: Robyn Busekrus, robyn.busekrus@sdownmo.org
- South Point Elementary: Dr. Heather Clark, heather.clark@sdownmo.org
Jodi Fortner, jodi.fortner@sdownmo.org
- Washington West Elementary: Jill Mahon, jill.mahon@sdownmo.org
Aubrey Holt, aubrey.holt@sdownmo.org
- Washington Middle School: Tracy Helm, tracy.helm@sdownmo.org
Shelly Struckhoff, shelly.struckhoff@sdownmo.org
- Washington High School: Kathryn Sandoval, kathryn.sandoval@sdownmo.org
Bradley Kuntzman, bradley.kuntzman@sdownmo.org
Makenzie Ellis, makenzie.ellis@sdownmo.org
Manuela Schmitt, manuela.schmitt@sdownmo.org
Theresa McGowan, theresa.mcgowan@sdownmo.org



Community & Mental Health Resources

Community Support Services

FOOD PANTRIES

Borgia Food Pantry

314 W. Second St., Washington
636-239-6701
Monday and Thursday,
4pm-5:30pm

First Washington

United Methodist Church

4349 St. Johns Rd, Washington
636-239-4477
Friday, 2pm-4pm

Loving Hearts Outreach

1902 W. Main Street, Washington
636-390-8300
Monday, Wednesday, Friday, 9am-2pm
636-390-8300

FREE COMMUNITY MEAL

Harvest Table

St. Peters UCC
20 E. Fifth Street, Washington
Saturday, 5pm-6pm
Walk In Welcome

Charrette Baptist Church

16371 State Hwy O, Marthasville
636-433-2077
2nd Tuesday of each month
6:30pm-7:30pm
3rd Saturday of each month, 11am-12pm

Little Food Pantries

Peace Lutheran Church
Washington Public Library
YMCA
Mercy Hospital
NAPA Auto Parts
St. Francis Borgia High School

Manna & More

FCCRB Building
501 West End Ave., 106, Union
Wednesday, 6pm
Walk in Welcome



Community & Mental Health Resources

ADDITIONAL COMMUNITY RESOURCES

Franklin County Health Department

636-583-7300

<https://www.franklinmo.org/health>

Grace's Place, Inc.

636-432-1313

<https://gracesplacecrisisnursery.com/>

**JFCAC/Jefferson Franklin
Community Action Corporation**

636-789-2686

<https://www.jfcac.org/>

Life's River

Homeless Shelter

Loving Hearts Outreach

636-390-8300

<http://lovingheartsoutreach.org/>

St. Vincent DePaul Society

636-239-3520

<http://www.ollwashmo.org/church-organizations/st-vincent-de-paul-society/>

**St. Charles County Health
Department**

636-949-7900

<https://www.sccmo.org/394/Public-Health>

**Vital ID Program of East Central
Missouri**

314-301-9846

Warren County Health Department

636-456-7474

<https://www.warrencountyhealth.com/>

Washington Emergency Relief Fund

636-239-6633



Community & Mental Health Resources

Mental Health

SUICIDE PREVENTION & RESPONSE



The **988 Suicide & Crisis Lifeline** offers 24/7 call, text & chat access to trained crisis counselors who can help people experiencing suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress.

CenterPointe Hospital

4801 Weldon Spring Pkwy.
St. Charles, MO 63304
636-723-9306

Mercy Hospital

901 E. Fifth Street
Washington MO 63090
636-239-8000

Mercy Behavioral Health Clinic

651 S. New Ballas Rd.
St. Louis, MO 63141
Walk In Availability

SSM Health St. Joseph Hospital

500 Medical Drive
Wentzville, MO 63385
636-327-1157

INTENSIVE OUT-PATIENT SUPPORT SERVICES

CenterPointe Hospital

4801 Weldon Spring Pkwy.
St. Charles, MO 63304
636-723-9306

<https://www.centerpointehospital.com/programs/iop/>

Mercy Behavioral Health

851 East Fifth St., Suite 154
Washington, MO 63090
314-251-0555

<https://www.mercy.net/practice/mercy-intensive-outpatient-behavioral-health-washington/>

SSM Behavioral Health

1345 Smizer Mill Rd., Suite 1701 A, Fenton, MO 63026
636-496-4030

<https://www.ssmhealth.com/locations/location-details/behavioral-health-smizer-mill-road>



Community & Mental Health Resources

COUNSELING

ALIVE

636-583-5700

<https://alivestl.org/>

Life Stance

636-939-2550

<https://lifestance.com/location/washington-mo-851-east-5th-st/>

Mobile Counseling

636-432-1313

<https://gracesplacecrisisnursery.com/>

St. Louis Counseling

636-583-1800

<https://saintlouis-counseling.org/office-locations/union-office/>

Compass Health

636-583-8100

<https://compasshealthnetwork.org/locations/union/>

Lutheran Family Services

314-787-5100

<https://lfcsmo.org/locations/union-office/>

McAuley Clinic

636-239-8585

<https://www.mercy.net/practice/mercy-mcauley-clinic/>



Community & Mental Health Resources

PRIVATE COUNSELING

Not an inclusive list of private counselors

Bryson Counseling

314-607-6922

Cheri Riley

314-602-9260

Counseling Concepts

Dina Vitoux

636-390-4422

Dana Kampschroeder

636-306-4452

Dina Vitoux

636-390-4422

Elizabeth Clark

636-583-5056

Emily Malecky

636-466-8627

Emily Thoenen

636-221-2120

Four Rivers Therapy and Psychological

636-242-1516

Full Bloom Counseling

417-619-3567

Jennifer Lawler

636-215-6820

Kati Cranmer

636-202-0983

Leeann Pennington

314-722-6041

Life Balance Counseling, LLC

Yael DiPlacido

314-720-6139

Matt Gildhaus

636-352-0308

Melissa Rothschild

636-242-1516

Rebecca Rolston

314-309-2442

Robin Turner

314 696-5443

Roselyne Hazard

636-244-6292

Tim Jones

636-590-7491

Tracy Roberts

314-808-1250

Washington Community Counseling

636-221-2756

Waypoint Counseling

Katie Walker

636-243-9262



Community & Mental Health Resources

PARENT SUPPORT

Compass Health

636-583-8100

<https://compasshealthnetwork.org/locations/union/>

Lutheran Family Services

314-787-5100

<https://lfcsmo.org/locations/union-office/>

Family Solutions for Kids/ Every Child's Hope

314-427-3755

<https://everychildshope.org/family-solutions-for-kids/>

St. Louis Counseling

636-583-1800

<https://saintlouis counseling.org/office-locations/union-office/>

PSYCHIATRY

Compass Health

636-583-8100

<https://compasshealthnetwork.org/locations/union/>

Every Child's Hope

314-427-3832

<https://everychildshope.org/outpatient-child-psychiatric-services/>

Life Stance

636-939-2550

<https://lifestance.com/location/washington-mo-851-east-5th-st/>

McAuley Clinic

636-239-8585

<https://www.mercy.net/practice/mercy-mcauley-clinic/>

Preferred Family Health- Virtual

636-584-8724

<https://pfh.org/adolescent-rehab>

St. Louis Counseling

636-583-1800

<https://saintlouis counseling.org/office-locations/union-office/>



Community & Mental Health Resources

SUBSTANCE USE SUPPORT

Preferred Family Health

636-584-8724

<https://pfh.org/adolescent-rehab>

Prevent Ed

636-239-7652

<https://prevented.org/prevention-programs/youth-programs/>

Additional Education & Resource Information

Annie's Hope: The Center for Grieving Kids

314-965-5015

<https://annieshope.org/>

CCRB/St. Charles Community Resource Board

<https://stcharlescountykids.org/>

FCCRB/Franklin County Community Resource Board

<https://www.franklincountykids.org/>

Foundations for Franklin County

636-239-7652

<https://foundations4franklincounty.org>

Grace's Place Crisis Nursery

636-432-1313

<https://gracesplacecrisisnursery.com/>

NAMI/National Alliance on Mental Illness

<https://www.namistl.org/>

Vital ID

500 Clark Ave, Suite F, Union, MO

314-301-9846



Community & Mental Health Resources

School-Based Support Programs

School-based support program referrals are made by SDOW school personnel, with the permission of the parent/guardian. Many of these services are FREE to families, based on funding, residency and availability.

CHADS Coalition Mentoring

Mentoring focused on skill-building for students in group and individual settings.
<https://www.chadscoalition.org/social-emotional-wellbeing>

Compass Health

School-Based Therapy for students in a private space at school
School and Community Support Specialist- Support students and families with mental health skill building
636-583-8100
<https://compasshealthnetwork.org/locations/union/>

Mobile Counseling

School-Based Therapy for students in a private space at school.
636-432-1313
<https://gracesplacecrisisnursery.com/>

Preferred Family Health

Guided support for students encountering substance use related struggles.
Achieving Recovery Through Creativity offers guided creative outlets for students.
636-584-8724
<https://pfh.org/adolescent-rehab>

Prevent Ed

Support services and lessons for students at-risk of substance related difficulty
636-239-7652
<https://prevented.org/prevention-programs/youth-programs/>